Bob Wood served over thirty-six years as an officer in the United State Army and retired in 2009 as a Lieutenant General. As a commander, he led soldiers at all levels of responsibility from platoon to division. As a staff officer, his experience ranges from tactical level with coalition forces in combat, through Army level in the aftermath of 9/11, to the national level in the National Security Council during the Reagan administration. In his last assignment on active duty, he was the deputy commander of the United States Joint Forces Command where he led the daily activities for joint experimentation, training, capability development, and force deployments.

Bob has degrees from the United States Military Academy (BS), the University of Chicago (MBA), and the U. S. Army Command and General Staff College (Master of Military Art). He was selected as a White House Fellow in 1984 and served in the Reagan White House on the National Security Council. He was also a strategic fellow at the Walsh School of Foreign Service, Georgetown University.

Since retirement from the Army in January 2009, Bob founded a successful consulting group before becoming the Executive Vice President for National Security and Defense at the Armed Forces Communications and Electronics Association, International. He also serves on a variety of for-profit and non-profit boards. He is active in local government and veteran support activities in his home of Alexandria, Virginia where he lives with his wife, children, and grandchildren.